

BREAK *not so* FAST

(7am to 2.30pm)



*Vegan / GF : May contain traces
*Advice for any allergies or
special diet requirement

BREAKY

French Toast (GFO)

\$14.99

Pancake

\$14.99

Banana / Mixed berries

OMELETTE

(GFO)

(All Omelets Are Served With Hash Brown And Toasted Ciabatta Bread)

(Choose any 4)

\$22.99

Veg:

Capsicum / Jalapeño / Mushroom / Onion / Spinach / Tomato

Non Veg: Bacon / Chorizo / Chicken / Ham

WRAPS

Spinach, Scrambled Egg & Swiss Cheese

\$18.99

Sausage with Salsa, Avacado

\$18.99

& Scrambled Egg

Breakie Wrap

\$19.99

Bacon, hash brown, scrambled egg with house made BBQ

Tandoori Chicken Wrap

\$20.99

Tandoori marinated chicken with salad & Indian herbs

TOASTY STATION

(GFO)

Bacon & Egg Muffin

\$9.99

Fried egg & streaky bacon in a toasted English muffin

Sausage & Bacon Muffin

\$11.99

High-protein breakfast layering a savoury beef patty,
crispy bacon and melted cheese on a toasted English muffin

Mighty Breaky Muffin

\$15.99

High-protein breakfast layering a savoury beef patty, crispy bacon,
melted cheese and a fried egg on a toasted English muffin

The Classic Cheese

\$10.99

Two slice of swiss and tasty cheese on toasted ciabatta bread

Salad, Cheese & Tomato (VGO)

\$11.99

Salad, cheese & tomato with herbs on toasted ciabatta bread

Ham, Cheese & Tomato

\$11.99

Smoked ham, cheese & tomato with herbs on toasted ciabatta bread

Bacon & Egg Toastie

\$14.99

Fried egg & streaky bacon in the toasted ciabatta

Spinach & Mushroom (VGO)

\$16.99

Ricotta spread on toasted ciabatta breadtopped with fresh spinach,
mushroom & salad

Chicken Tikka Toastie

\$19.99

Tandoori chicken tikka & spinach drizzle with mint mayo
on ciabatta bread

Breaky Burger

\$17.99

A savoury versatile toasted brioche bun filled with crispy bacon,
a fried egg, melted cheese, beef patty, hash browns, avocado, and
garnished with BBQ sauce

(VO) Vegetarian Option • (GFO) Gluten Free Option • (VGO) Vegan Option

EGG ON TOAST (GFO)

Free Range Eggs On Toast **\$18.99**

Choice of egg - buttery scrambled
/ sunny side / double fried / poached egg

Smashed Avo On Toast **\$20.99**

Feta, dukkah & avocado mixture on toasted
ciabatta with salad

Avocado Pico On Egg **\$24.99**

Avo mixture with pico de galo (salsa) on ciabatta slice
two eggs of your choice :

Fried egg / Poached egg / Sunny side egg

Chorizo Scrambled **\$24.99**

Spicy chorizo scrambled egg served with ciabatta

Roma Egg Benedict **\$24.99**

Pesto spread on ciabatta topped with poached egg,
bacon, marinated tomato on hollandaise sauce
(Add on : Ham \$6.49 / Salmon \$7.99)

Texas Egg Benedicts **\$25.99**

Avo spread on ciabatta bread topped with chorizo,
poached egg, salsa & hollandise sauce
(Add on : Ham/Bacon \$6.49 / Salmon \$7.99)

The Big Breakfast (VO) (VGO) **\$29.99**

Two eggs your way, bacon, grilled tomato, salad,
mushroom & spinach, baked beans, hash browns,
chipolata sausage & toasted ciabatta

FRUIT

Fruit Platter **\$14.99**

SIDES

Bowl Of Chips **\$8.99**

Garlic Bread **\$8.99**

EXTRAS

Extra Eggs **\$3.99**

Hashbrown **\$3.99**

Bake Beans **\$5.49**

Chipolatas (2pcs) **\$5.49**

Bacon / Ham **\$6.49**

Smoked Salmon **\$8.49**

COFFEE

Signature Blend

Caramel - Hazelnut - Stonefruit

\$4.80

Americano
Espresso
Double Espresso
Long Black
Cappuccino
Flat White
Latte
Mocha
Long Mac
Piccolo Latte
Short Mac



UPGRADE

Alternative Milks \$0.50
Mug Upgrade \$0.80

KEEP IT HOT

Baby Chino \$2.50
Dirty Chai \$5.50
Hot Chocolate \$5.50
Milo \$5.50

LATTE WITH LOVE

Chai Latte \$5.50
Macha Green \$5.50
Turmeric Latte \$5.50
Vanilla Chai Latte \$5.50

KEEP IT COOL

Iced Black Coffee \$7.00
Iced Chai Latte \$7.00
Iced Choc \$7.00
Iced Coffee \$7.00
Iced Latte \$7.00



TEA

(RIPPLE EFFECT)

\$6.00

Chai Spice (Heartwarming & Soothing)
English Breakfast (Satisfying & Energizing)
Fragrant Earl Grey (Classic & Aromatic)
Herb Garden (Refreshing & Uplifting)
Meaningful Green (Nourishing & Memorable)
Organic Lemongrass & Ginger (Zesty & Stimulating)
Whole Leaf Peppermint (Lively & Fresh)

CAKE & MUFFINS

Banana Bread \$6.99
Carrot Cake \$7.99
Chocolate Mud Cake \$7.99

Blueberries Muffin \$6.99
Chocolate Muffin \$6.99

FRAPPÉ

\$9.99

Oreo
Butterscotch Espresso
Double Vanilla
Choc Hazelnut
Salted Caramel Chocolate

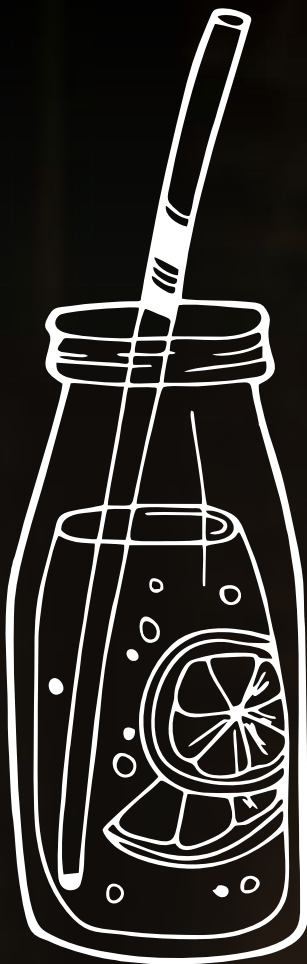
MILKSHAKES

\$8.99

Chocolate / Caramel / Vanilla / Spearmint / Strawberry

FRESH PRESSED JUICES

Alpha-Beets Apple, beetroot, carrot, lemon, ginger	\$10.99
Greens Bizare Spinach, celery, apple ginger	\$10.99
Mixed Apples Royal gala, pink lady and granny smith apples	\$10.99
Straight Oj Just straight orange juice	\$10.99
Strawberry Dreams Strawberry, pineapple, royal gala	\$10.99
Vitamin See Carrot orange lemon ginger	\$10.99



POWER JUICES

Cleanser Carrots, beetroot, spinach	\$11.99
Hangover Cure Oranges, mango, pineapple, banana	\$11.99
Young Coconut Water Water (100%) found in the center of a young, green coconut	\$11.99

ENERGY BOOSTERS (ADD PROTEIN SHOT \$ 2.99)

Calcium Booster Carrots, spinach, broccoli	\$11.99
Iron Booster Carrots, beetroot, apple	\$11.99
Immune Booster Orange, apple, spinach, lemon	\$11.99
Liver Booster Beetroot, apple, lemon	\$11.99
Memory Booster Carrots, kiwi, apple, watermelon, banana	\$11.99
Power Booster Carrots, oranges, apple	\$11.99
Vitamin Booster Orange, apple, kiwi, watermelon, banana	\$11.99

SMOOTHIES (VG)

Berry Go Round Raspberry, blackberry, strawberry	\$10.99
Big 5 Strawberry, mango, kiwi, apple & pineapple	\$10.99
Coco Loco Coconut, pineapple, mango, mint & lime	\$10.99
Pash 'n' Shoot Passionfruit, mango & pineapple	\$10.99
Strawberry Split Strawberry & banana	\$10.99
Booster Boost energy levels with this fabulous blend of banana, mango, spinach and lime juice	\$11.99
Detox Blueberries, boysenberries and banana, with dates for natural sweetness	\$11.99
Energise Super refreshing, made with pineapple, strawberries, pear, apple and dates	\$11.99
Reboot A taste of the tropics with mango, pineapple, banana & passionfruit	\$11.99
Vitality A delicious, refreshing non-banana option with mango, strawberries, raspberries and goji berries	\$11.99
Acai Activate Delicious acai smoothie blend with acai puree, blueberries, bananas, boysenberries and dates	\$12.99